AOHS Health Careers Exploration

Lesson 15

Personal Career Planning

Student Resources

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Student Resource 15.1

Timeline: Personal Career Goals

Student Name: Date:

Directions: Use this resource to help you think about the steps you need to take to achieve your career goals. Once you have identified the steps, use a blank sheet of paper to create a timeline that illustrates your 10-year plan. Before you begin, read through all of the instructions on this worksheet, and read the assessment criteria at the end of the worksheet to make sure you understand how your work will be assessed.

Your Goal

My career goal is:

High School

What courses can you take in high school to help prepare you for your career goal?

What GPA do you need to earn?

What would be an ideal internship to help you achieve your career goal?

What kind of work or volunteer experience can you get (while still in high school) to help you achieve your career goal? (Don't forget to include experience that would help you get into the college of your choice or help you get a college scholarship.)

What else can you do to prepare yourself for this career (extracurricular activities, etc.)? (Don't forget to include activities that would help you get into the college of your choice or help you get a college scholarship.)

After High School

What type of education or training do you need to get after high school? How many years? What type of school? What degrees do you need to earn?

What are the admissions requirements for the school or training program?

What schools are good choices? Why are those good choices?

How much is the education/training going to cost? What types of scholarships could you apply for? What could you do in high school to increase your chances of being awarded a scholarship?

What kind of work or volunteer experience could you do while you are in college or other postsecondary training programs to help you achieve your career goal? Is there any other type of work you plan to do during college to help pay for your education?

After College and Other Postsecondary Training:

What kinds of certification or licensing do you need before you can start working at your chosen career?

Do you need to pass any exams to be certified/licensed? If so, what are they and how do you prepare for them?

Starting to Work

What year can you expect to start working?

What entry-level salary can you expect?

What is the average salary for people working in this career?

Make sure your assignment meets or exceeds the following assessment criteria:

* The timeline clearly identifies multiple steps for each of the four phases (high school, after high school, after college/postsecondary training, starting to work).
* The timeline provides accurate financial information, including anticipated costs of training and estimated salary once working.
* The timeline provides a realistic path to achieve the stated career goal, including explanations of specific choices.
* The timeline is attractively designed and easy to read.
* The timeline is neat and uses proper spelling and grammar.

Student Resource 15.2

Example: Personal Career Timeline

